

# FOLLOW THESE EASY STEPS AND GET REWARDED!

## 1 Join our community



Register / Log In  
[www.elevate.co.za](http://www.elevate.co.za)

## 2 Click to activate each data source

- My Wearable Data
- My Healthcare Data

## 3 Insert your credentials for a particular device



### My Wearable Data

Select your wearable device from a list of devices we have available.



Click to add more than one wearable device.



### My Healthcare Data

Insert your Medical Aid Scheme and Medical Aid number. We will ask you one or two questions to verify your identity.

## 4 Goals



Check out the goals we set for you.  
Wearable goals will update the 1st of each month and health goals by the 10th.

## 5 Get rewarded



Once goals are reached you will automatically get entered into the monthly draw.  
Check out the My Rewards page to see how many entries you have.

We offer you **full support** in the portal, If you **need help at any point** please have a look at the **support tab** to guide you in the right direction.